

Playgroup

For trans and gender nonconforming kids ages 3-7



FIRST SUNDAY OF THE MONTH

9am - 10:15am

All participants must have a 30-minute in-person meet-and-greet prior to joining the group.

Limited spaces – participants must register each month.

Concurrent informal parent support group.

\$40 per child per group



Contact Dr. Kai Guntz

kai@kaiguntz.com

www.kaiguntz.com

Playgroup

For trans and gender nonconforming kids ages 7-10



FIRST SUNDAY OF THE MONTH

10:30am - 11:45am

All participants must have a 30-minute in-person meet-and-greet prior to joining the group.

Limited spaces – participants must register each month.

Concurrent informal parent support group.

\$40 per child per group



Contact Dr. Kai Gunty

kai@kaigunty.com

www.kaigunty.com

Parent Support Group

for parents of prepubescent transgender kids



FOURTH SUNDAY OF THE MONTH

9am - 10:15am, online

Topics to include: basic transgender terminology and concerns, navigating school settings, communicating with family and friends, social transition, discussing puberty with young transgender kids, and gender-affirming medical care.

Limited spaces – participants must register each month.

\$50 per family per group



Contact Dr. Kai Gunty

kai@kaigunty.com

www.kaigunty.com

Parent Support Group

for parents of pubescent transgender kids



FOURTH SUNDAY OF THE MONTH

10:30am - 11:45am, online

Topics to include: basic transgender terminology and concerns, navigating school settings and sports, communicating with family and friends, social transition, discussing sex and sexuality with transgender kids/teens, and gender-affirming medical care.

Limited spaces – participants must register each month.

\$50 per family per group



Contact Dr. Kai Gunty

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GROUPS!

playgroups for transgender and gender nonconforming kids

ages 3 – 7 : FIRST Sunday of the month, 9am-10:15am
ages 7-10 : FIRST Sunday of the month, 10:30am-11:45am

\$40 per child per group
30-minute screening session required prior to first group

support groups for caregivers of trans/GNC kids

prepubescent kids : FOURTH Sunday of the month, 9am-10:15am
pubescent kids / adolescents : FOURTH Sunday of the month, 10:30am-11:45am

\$50 per family per group

Contact Dr. Kai Gunty

kai@kaigunty.com
www.kaigunty.com

Playgroups in-person at

Dandelion Spirit Psychotherapy
3459 Washington Dr., Suite 102
Eagan, MN 55122

Parent groups online.

Working with Trans Kids



Trainings for providers, clinicians, and teachers, including how best to support trans kids and their families, assessment, letter-writing, language and terminology, and lots more!

To be scheduled. Reach out for more information.

\$50 per attendee, group discount for 3+ people from same organization



Contact Dr. Kai Gunty

kai@kaigunty.com

www.kaigunty.com



Dr. Kai
Guinty

Therapy for Kids, Parents, and Families

Children are constantly communicating with the people around them. When children are having difficulties or challenges, the first step is always to learn to listen more deeply to the child and then to move forward from there. The right support for children and families can bolster resilience and allow them to thrive no matter what challenge they face. I use a strengths-based approach to use what already works well for a child or within a family system as a foundation for further growth and development.

For my work with children and families, I work primarily from attachment/attunement, child-centered, sensorimotor, narrative, and solution-focused theoretical perspectives. From those foundations, relationships take center stage. A main goal for the therapy I offer is to enhance and deepen family relationships while increasing positive interactions, enjoyment, and well-being.

When working with parents, I draw primarily from narrative, solution-focused, and sensorimotor perspectives, which allow us to create space for the way parents feel while exploring what underlies those feelings. From there, I support parents in deciding how they want to respond to those feelings

Individual
Therapy

Groups!

Family
Therapy

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www.kaiguinty.com